

Herner Young Miners Trainingsplan Februar 2026 Stand: 13.02.26

	Datum	Laufwoche On Ice 2x 60min	U 7 On Ice 2 x 60 min	U 9 On Ice 3 x 60 min	U 11 On Ice 3 x 60 min	U 13 On Ice 4 Std. Off Ice 90 min	U 15 On Ice 4,5 Std. Off Ice 120 min	U 17 On Ice 5 Std Off Ice 2,5 Std	U 20 On Ice 6 Std Off Ice 3 Std	Damen	1B	Torwarttraining für alle Altersklassen	Oberliga	Hobby	
1	So 1					15:00 EHC Troisdorf		16:30 Tus Wiehl		9:30 Düsseldorfer EG in Herne	18:45 Soester EG		16:00 TecArt Black Dragons Erfurt	8:00 - 9:00	
	Mo 2		15:00 - 16:00	15:45 - 17:00	15:45 - 17:00	17:15 - 18:15 Off Ice 18:30 - 19:30	Off Ice 17:15 - 18:15 18:30 - 20:00	20:15 - 21:15	20:15 - 21:15	20:25 - 21:20 in Dinslaken					
	Di 3			15:00 - 16:00 Off Ice 16:15 - 16:45	16:00 - 17:00			Off Ice 17:30 - 18:30 18:45 - 20:00			20:15 - 21:15			17:15 - 18:30	
	Mi 4	15:15 - 16:30	15:15 - 16:30			16:45 - 18:15 Off Ice 18:30 - 19:30	Off Ice 17:15 - 18:15 18:30 - 20:00	Off Ice 17:00 - 18:15 18:30 - 20:00			20:15 - 21:15 in Herne		17:15 - 18:15	11:45 - 13:00	
2	Do 5			15:00 - 16:00	16:00 - 17:00		18:30 - 20:00	18:30 - 20:00			20:15 - 21:15			17:15 - 18:30	21:30 - 22:30
	Fr 6				Skill Training 14:00 - 15:30	Skill Training 14:00 - 15:30							20:00 Herforder EV		
	Sa 7	12:15 - 13:15	8:30 - 9:30	Grün 7:45 Brackwede	Trainingspiel 13:30 - 14:45	9:45 - 10:45	12:15 Bergisch Gladbach					8:30 - 9:30	11:00 - 12:00		
	So 8		9:30 Herne								19:00 Dinslaken Kobras 1B		18:30 Hammer Eisbären	8:00 - 9:00	
3	Mo 9		15:00 - 16:00	15:45 - 17:00	15:45 - 17:00	17:15 - 18:45 Off Ice 19:00 - 20:00	Off Ice 17:30 - 18:30 18:30 - 20:00	20:15 - 21:15		20:25 - 21:20 in Dinslaken					
	Di 10			15:00 - 16:00 Off Ice 16:15 - 16:45	16:00 - 17:00	18:45 - 20:00					20:15 - 21:15			17:15 - 18:30	
	Mi 11	15:15 - 16:30	15:15 - 16:30			16:45 - 18:15 Off Ice 18:30 - 19:30	Off Ice 17:15 - 18:15 18:30 - 20:00	Off Ice 17:00 - 18:15 18:30 - 20:00			20:15 - 21:15 in Herne		17:15 - 18:15	11:45 - 13:00	
	Do 12			15:00 - 16:00	16:00 - 17:00		18:30 - 20:00	18:30 - 20:00			20:15 - 21:15			17:15 - 18:30	21:30 - 22:30
4	Fr 13			18:15 - 19:15	Skill Training 14:30 - 15:30	15:00 Krefelder EV 1B					20:00 Soester EG Playdowns		20:00 Icefighters Leipzig		
	Sa 14	12:15 - 13:15	Elternkinderspiel 13:30 - 14:45	Blau 9:30 Bergisch Land	7:30 EHC Gelsenkirchen in Bergkamen	10:00 EV Duisburg	9:45 - 10:45					8:30 - 9:30	11:00 - 12:00		
	So 15						8:45 - 10:15	8:45 - 10:15					18:30 Rostock Piranhas	10:30 - 11:30	
	Mo 16		Rosenmontags Turnier 9:30 - 11:30	Rosenmontags Turnier 11:45 - 14:15	Rosenmontags Turnier 14:30 - 17:30	17:45 - 19:15 Off Ice 19:30 - 20:30	Off Ice 18:15 - 19:15 19:30 - 21:00			20:25 - 21:20 in Dinslaken					
5	Di 17			15:00 - 16:00 Off Ice 16:15 - 16:45	16:00 - 17:00			Off Ice 17:30 - 18:30 18:45 - 20:00			20:15 - 21:15			17:15 - 18:30	
	Mi 18	15:15 - 16:30	15:15 - 16:30			16:45 - 18:15 Off Ice 18:30 - 19:30	Off Ice 17:15 - 18:15 18:30 - 20:00	Off Ice 17:00 - 18:15 18:30 - 20:00			20:15 - 21:15 in Herne		17:15 - 18:15	11:45 - 13:00	
	Do 19			15:00 - 16:00	16:00 - 17:00		18:30 - 20:00	18:30 - 20:00			20:15 - 21:15			17:15 - 18:30	21:30 Spiel
	Fr 20		Skill Training 14:30 - 15:30	Skill Training 14:30 - 15:30			18:15 - 19:15						20:30 Herforder EV		
6	Sa 21	Kidsday 12:15 - 13:15	8:30 - 9:30	Trainingspiel 13:30 - 14:45	Trainingspiel 13:30 - 14:45	9:45 - 10:45				19:15 Kölner Haie		8:30 - 9:30	11:00 - 12:00		
	So 22			Grün 9:00 ESV Bergkamen				9:30 Herforder EV			18:45 Soester EG Playdowns		18:30 Hammer Eisbären	8:00 - 9:00	
	Mo 23		15:00 - 16:00	15:45 - 17:00	15:45 - 17:00	17:15 - 18:15 Off Ice 18:30 - 19:30	Off Ice 17:15 - 18:15 18:30 - 20:00	20:15 - 21:15	20:15 - 21:15	20:25 - 21:20 in Dinslaken					
	Di 24			15:00 - 16:00 Off Ice 16:15 - 16:45	16:00 - 17:00			Off Ice 17:30 - 18:30 18:45 - 20:00			20:15 - 21:15			17:15 - 18:30	
7	Mi 25	15:15 - 16:30	15:15 - 16:30			16:45 - 18:15 Off Ice 18:30 - 19:30	Off Ice 17:15 - 18:15 18:30 - 20:00	Off Ice 17:00 - 18:15 18:30 - 20:00			20:15 - 21:15 in Herne		17:15 - 18:15	11:45 - 13:00	
	Do 26			15:00 - 16:00	16:00 - 17:00	18:30 - 20:00	18:30 - 20:00				20:15 - 21:15			17:15 - 18:30	21:30 - 22:30
	Fr 27					Skill Training 14:00 - 15:30	Skill Training 14:00 - 15:30						20:00 Icefighters Leipzig		
	Sa 28	12:15 - 13:15	8:30 - 9:30	Blau 12:15 ERV Dinslaken Kobras	Trainingspiel 13:30 - 14:45	16:45 Krefelder EV 1B	11:15 Darmstadt	9:45 - 10:45				8:30 - 9:30	11:00 - 12:00		